

**WHAT KIND OF PSYCHIATRY DO WE NEED?**

1st Conference of the Polish Society of Community Psychiatry

*Warsaw, 9-10 September 2022 / Cardinal Stefan Wyszyński University, Wóycicki Campus*

**The Polish Society for Community Psychiatry** invites you to discuss the current state and further directions of reform of psychiatric care in Poland. We want to look for solutions that will promote the spread of the community psychiatry model. In the programme, we have provided space for summarising the experience of the last years, i.e. the CZP Pilot. The jubilee of the SYNAPSIS Centre provides a canvas for recalling the traditions and achievements of community psychiatry in our country. We invite experts by education, experts by experience and everyone for whom "Mental health matters" to participate in the conference.

**We look forward to your active participation in the discussions scheduled in the individual sessions!**

**Programme - Friday - 9 September**

***INAGURAL SESSION***

**9:30-9:45** *Opening of the Conference* - President of PTPŚ Maria Załuska

**9:45 - 10:00** *Short speeches by the invited guests*

**10:00-10:20** *Current status of community care reform in Poland: from pilot to systemic implementation of CZP -* Representative of the Ministry of Health

**10:20-10:40** *How do we want to shape specialised care?*-Dominika Dudek

**10:40-11:00** *EU projects in psychiatry reform in Poland - what has been done, what needs to be done? -* Małgorzata Łyciuk-Bzdyra

**11:00-11:30** *Who is afraid of community psychiatry? -* Jacek Wciórka

- Chairman of the Scientific Council of the PAS

**11:30-11:45** *Break 15 minutes*

***SESSION II: Piloting of Mental Health Centres***

***-summary of experience***

**11:45-12:10** *Difficult beginnings* - Marek Balicki

**12:10-12:35** *Follow-up and outlook* - Anna Depukat

**12:35-13:15** *Discussion*

***SESSION III Community care network***

**13:15-13:35** *Building and cooperation* - Andrzej Cechnicki

**13:35-13:50** *Expectations and needs* - Barbara Banaś

**13:50-14:00** *Coordination and somatic health in the current CZP organisational standard* - Kama Katarasińska--Pierzgalska et al.

**14:00-14:30** *Discussion*

**14:30-15:30** *Break 60 minutes*

***JUBILEE SESSION***

*"50 years of the SYNAPSIS Centre in Poland".*

**15:30-16:00** *Ideas of humanistic and community psychiatry by Kazimierz Jankowski*

**16:00-16:30** *Autism - an environmental approach. Experiences of the SYNAPSIS Foundation* - Michał Wroniszewski,

Łucja Sokorska-Maj et al.

**16:30-17:00** *The importance of joy in psychotherapy; inspiration from OTR SYNAPSIS* - Ryszard Praszkier

**17:00-17:15** *Break 15 minutes*

**17:15-18:45** *Panel discussion: "Kazimierz Jankowski's message: then and today"* Moderator: Krzysztof Jedliński

Panellists: Irena Namysłowska, Andrzej Cechnicki, Marek Balicki, Jacek Wciórka and Jacek Michałowski.

***Programme - Saturday - 10 September***

***SESSION V Modern technologies and therapies in community care***

**9:00-9:20** *Telemedicine* - Maciej Matuszczyk

**9:20-9:40** *Individualisation of pharmacotherapy*

**9:40-10:00** *Not only drugs - non-pharmacological interventions related to lifestyle as an integral part of therapy in psychiatry* - Hanna Karakuła-Juchnowicz, Joanna Róg

**10:00-10:20** *Prolonged-release drugs*

**10:20-10:30** *Break 10* minutes

***SESSION VI Towards measures and quality assessment of community psychiatric care***

**10:30-11:00** *Criteria for evaluation of therapeutic programmes in psychiatric care* - Andrzej Kokoszka

**11:00-11:20** *How to assess quality - the Pilot Office perspective*

-Anna Depukat

**11:20-11:40** *Effectiveness evaluation in the Community Centre for Mental Health in Poznań* - Krystyna Górna et al.

**11:40-12:00** *How to assess quality - a practitioner's perspective -* Izabela Ciunczyk, Dariusz Baran, Mariusz Panek

**12:00-12:15** *Break 15* minutes

**12:15-13:45** *Panel discussion: "How to assess the quality of community psychiatric care?".* Moderators: Piotr Stoń and Monika Syc. *Panel participants:* Barbara Banaś, Marek Balicki, Izabela Ciuńczyk, Anna Depukat, Hubert Kaszyński, Joanna Krzyżanowska, Anna Parnowska, Katarzyna Stankiewicz, Jakub Wacławek

13:45-14:00 *Break 15 minutes*

***SESSION VII What reform do we need?***

**14:00-14:20** *The role of community psychiatry in suicide prevention*

- Agnieszka Gmitrowicz

**14:20-14.40** *What reform do we need? -* Katarzyna Parzuchowska

**14:40-15:00** *What reform do we need?* Maria Załuska

**15:00-15:10** *Summary of the meeting and signing of the letter of intent*

*The organisers reserve the right to make changes to the programme*

*Application for participation in the conference including: Name, email address and telephone contact number, please send by 26 August to the following email address:* ***zebranie511@gmail.com***

In support of patients affected by the consequences of the Russian aggression against Ukraine, instead of the conference fee please make a donation to the bank account of CARITAS OF OPOLSKIE DIECEZIA

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